

Be in the Winning Zone

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We are sailing the Caribbean on a beautiful Cruise ship again. Every day I get to meet so many different people from different countries and cultures.

I often have really interesting conversations but there is always one thing that comes to light... when talking to all these different people.

Everybody, no matter what culture or Ethnicity or what they do for a living - every one strives to be their best.

In life, if you hope to win at any game, whether it be athletic, business, social or romantic - You must have Confidence.

Be A Winner!

Performance Artists, Olympic Athletes and even Business people who want to be really successful know the importance of being Confident - really feeling confident in their own ability to win - to be the best. Unless you truly believe in the depth of your heart that you are a winner, you can never be one.

You have to be able to believe it constantly - not just while you are competing - but while you are eating, sleeping, showering, relaxing, practicing, partying. You need to be in the "Winning Zone" all the time. It is not good enough to try... you have to know you will.

But now you might be saying: "But I am not an Olympic Athlete."

It does not matter... in life we are all going for gold. We all want to be the best that we can be. The best parent, the best spouse, the best at our jobs and friendships. Everyone's definition of gold is different, but the way of attaining it is the same. We all want to live a fulfilling life.

Some people are much closer to that "Winning zone" mindset than others, but no matter what your mindset is right now, with the Pizzazz Factor I give you the tools to put your self into that "Winning Zone"... that Confident and Self-assured mindset that is going to help you win the Gold medal at whatever you do.

With a solid sense of self and the Image of a winner, you can only be a success.

Go for Gold in every area of your life!

Kind regards

Vanessa Bader

P.S. With the Pizzazz Factor you will establish the Posture and attitude of a winner...